

6.1 Extension Studies 2025-2026



Introduction

- This guide contains details of the 6.1 Extension Studies courses available to you.
- You will have at least one Extension on your timetable alongside your chosen academic subjects.
- Extension Studies courses are **not usually examined but are compulsory** and run from September to Easter. Most courses include 1 period per week on your timetable however some courses may require more commitment.
- Extension Studies are a great opportunity to explore new activities in a range of different areas including creative arts, social sciences, humanities, maths and IT and sports. They give you a chance to learn something new or get better at an activity you're already enjoying.
- They are also an excellent way to develop wider skills and abilities such as team-working, problem-solving, creativity, critical thinking and the capacity to conduct independent research, all of which are greatly valued by both universities and employers.

Choosing your Extension Study- choose 6

- You should make up to **6 choices** during the **online enrolment process**. Please make sure you are happy with **all** of your **6 choices** as you are **likely to be allocated one of them**.
- **If you wish to be considered for a sports team, you must put that team as your first option.** Details of trials are on a later slide.

LONG OR SHORT COURSE?

- Some of our courses such as membership of a sports team or Duke of Edinburgh are long courses and will last for **two terms** till Easter. Others such Ancient History are shorter and last for only **one term**.
- Therefore, you will either follow **one long course** till April or take **two short courses** and change over to a new course in January till April.

Costs involved

Most courses are free, but where specialist materials and equipment, registration is required, transport or external organisations are used, a charge will be made to cover the costs incurred. Further details are included with the course information in this brochure and from the teacher in charge but the courses that incur a charge are:

- Animalation, Little Pottery Show Down and Mixed Media/Printmaking £15 for materials
- Duke of Edinburgh £90 deposit (registration) plus approximately £950 training and expedition costs
- Exploring Drawing £10
- Introduction to Photography Darkroom £15
- LAMDA Grade 6 Speaking Poetry and Verse £20
- Scuba Diving £390 plus additional costs for entry to dive site and air refills
- Sports Team affiliation Year one: £85 Year two: £45
- You but better! £5

College Production Auditions and Sports Trials

College Production audition:

Thursday 28 August 14.00-16.00 in the Drama Studio

Sports team trials:

Thursday 28 August 14:00 - Men's Football - Surnames A-M (College), Women's Football Competitive and non-competitive (College), Men's Rugby (College Rugby pitch), Netball (College)

Tuesday 2 September 14:30 - Men's Football - Surnames N-Z (College), Mixed Hockey (OC Hockey Club), Netball 2nd Trial (dependent on numbers at first trial and if there needs to be a call-back) (College), Men's Rugby 2nd Trial (dependent on numbers at first trial and if there needs to be a call-back) (College)

Monday 8 September 12:40 - Women's basketball

Monday 8 September 13:50 - Men's Basketball (Wednesday 10 September for call backs)

Our Subject Areas- click to find out more

[Humanities, Modern Foreign Languages and Social Sciences](#)

[Life Skills and Wellbeing](#)

[Maths, Sciences and IT](#)

[Sports and Fitness](#)

[Creative Arts](#)



Humanities, Modern languages and Social Sciences

<u>Ancient History</u>	<u>Debating Society</u>	<u>Fantasy Trading Club</u>	<u>LGBTQ+ in popular culture</u>
<u>Brazilian Portuguese for Beginners</u>	<u>Economics Society</u>	<u>Introduction to Theology</u>	<u>Model United Nations</u>
<u>Creative Writing</u>	<u>An Exploration of Identity</u>	<u>History society</u>	<u>‘Not just novels’ book club</u>
<u>Dangerous words</u>	<u>Exploring Apprenticeships</u>	<u>LAMDA Speaking Verse and Prose</u>	<u>Spanish for backpackers</u>



Ancient History

SHORT COURSE

Through studying a wide range of disparate sources this course will investigate the military and political history of ancient Greece and Rome.

The course will focus on turbulent events and periods: democratic Athens of the 6th -4th century BC, and the collapse of the Roman Republic in the late 1st century BC.



Brazilian Portuguese for beginners

LONG COURSE

Bom dia! Tudo bem?

Learn the language of Brazil so that you can travel around a beautiful country and talk to some of the friendliest people in the world. You will develop a grasp of the language in greetings, daily activities, shopping and food, geography and culture.



Creative Writing

LONG COURSE

How might writing about your life change the way you live it? Choose Life Writing to find out. This is an eight-month writing project where I will ask you to put your thoughts, dreams and memories into words. You will choose, always, which of your writing pieces you shape, and when. Your writing might become personal essays, reflections, a diary or you may find you are beginning to turn your experiences into fiction.

There are some requirements:

- You need to be open to the challenges and demands of writing. We are not mimicking established forms and genres - the shape of your work and the way you express yourself must come from you, with the help of the group and from me.
- You must be able to listen to others and want to understand where they are coming from and be willing to write one piece a week.

No experience with writing necessary and you don't need to like English or see yourself as 'good' at it. Please note, you can't join this course late so you must select as first choice and be willing to commit to participating every week.

So, what will become your material? It might be your reading, your vivid dreams, the people in your life. Maybe you already know the story you have to tell. Let's pick up a pen and see where the first sentence leads us. Anything is possible!



Dangerous words!

SHORT COURSE

Dangerous words: banned literature across the centuries.

During this short course we will look at a text a week which has been subject to censorship. From Shakespeare's Richard II to Boris Pasternak's Dr Zhivago, we will look at extracts from a banned text and then discuss the political and cultural context which led to its censorship.

The selected texts will be relevant to all History courses, with at least two texts selected for each course. Ideal for History and English Literature A Level students, this course would also suit anyone interested in the political power of the written word and the impact of political oppression.



Debating Society

SHORT COURSE

A course for learning to refine your ability to argue persuasively and rigorously on a range of current affairs from freedom of speech to feminism to advances in science and technology. This will involve reading of some difficult articles, a willingness to speak publicly and engage respectfully with others with differing views.

There may be a chance to get involved with a debating competition outside of college as a result.



Economics Society

SHORT COURSE

Do you have an opinion of the economy and how it is currently being run?
Do you read the news and have an interest in foreign affairs and what Mr Trump is up to?

Come join the Economic Society Club to learn more about these topics.
There is an opportunity to meet people from industry to further broaden your appreciation for all things economics.



An Exploration of Identity

SHORT COURSE

This course is dedicated to understanding the intricate factors that shape our identities.

We'll explore various elements such as race, culture, nationality, class, and gender, among others. In our exploration of identity and race, we'll also unravel the effects of globalisation and migration, which can significantly influence our perception of identity.

The aim is to facilitate a comprehensive understanding of these multifaceted concepts and stimulate insightful discussions.



Exploring apprenticeships

SHORT COURSE

Understand the concept and benefits of apprenticeships. Explore different types of apprenticeships and industries. Learn how to research apprenticeship opportunities effectively.

Develop essential application materials, such as CVs and cover letters. Enhance interview skills and techniques specific to apprenticeship interviews. Navigate the apprenticeship application process from start to finish. Utilise networking and outreach strategies to find apprenticeship opportunities.



Fantasy Trading Club

SHORT COURSE

Calling all would be investors!

Come join our young stocks and shares investor club. Learn about the stock exchange, the bond market and study key historical financial events. You will be given the opportunity to invest a fantasy sum of money into FTSE100 stocks of your choice and see how your money grows each week. Winning pair wins a prize (TBC).



History Society

SHORT COURSE

Do you enjoy reading and talking about history?

This weekly session will deepen your understanding and enjoyment of the history courses at Esher by reading and discussing books such as *Wild Swans*, *Black and British*, *The Cheese and the Worms* and *The Unwomanly Face of War*, to name a few, as well as the history journals connected to our courses.

Your suggestions for historical books to discuss is also very welcome. Furthermore, we spend time on valuable study skills, essay writing and source skills as well as revision techniques to support your learning during your first year.

This will be an excellent addition to your UCAS personal statement for university.

Designed for 1st year History students but open to all



Introduction to Theology

SHORT COURSE

Through a rich theological investigation which blends insights from theological tradition with the work of literary masters, you will explore and debate some of life's big questions.

Expect interesting discussions, an exchange of ideas - both historical and contemporary - and a new way of seeing and thinking.

Develop new skills that will be useful in later life such as debating and critical thinking.



LAMDA Speaking Verse and Prose

LONG COURSE

- Love reading and performing and prepared to learn poems and passages by heart?
- LAMDA Grade 6 qualification allows you the opportunity to perform a poem and prose extract from memory and sight read. You will learn about the use of body language, voice projection and modulation- all important skills in today's world!
- Cost: £20 for an anthology of poems and prose for you to annotate and keep



LGBTQ+ Identities in Popular Culture LONG COURSE

On this course you will learn about the history of LGBTQ+ Identities (Lesbian, Gay, Bisexual, Transsexual & Queer/Questioning) in popular culture— particularly within the UK and USA - from the early Twentieth Century through to the present day. You will look at the gradual integration of LGBTQ+ people into society over time - from prejudice and discrimination to acceptance and inclusion – and how artistic works have mirrored these changes.

You will study the writings of authors such as EM Forster, Tennessee Williams, Radclyffe Hall and Rita Mae Brown, and the songs of artistes/musicians like Judy Garland, Freddie Mercury, The Pet Shop Boys and David Bowie.

There will also be an opportunity for you to research your own chosen area of LGBTQ+ history/culture and present your findings to the class.

Come along and get knowledgeable about LGBTQ+ history and culture!



‘Not just novels’ book club!

SHORT COURSE

- Love reading and sharing ideas but without the pressure of an exam?
- Come and join our book club where we will take turns to recommend and explore a range of titles to expand our reading horizons.
- We will looking at fiction, non fiction, poetry and even plays!



Model United Nations

LONG COURSE

Model United Nations (also known as simply “MUN”) is an educational activity where students participate in a simulation of bodies within the United Nations system. Participants research a country, take roles as diplomats, investigate international issues, deliberate, consult, lead discussion and then develop solutions to world issues. You should have an interest in international affairs.

Throughout the year, we will cover contemporary political, economic, media, environmental, health, scientific and human rights issues affecting the entire world. The breadth of issues covered should allow you to take a lead on issues that are of most interest to you no matter what your subject combinations are. Skills developed on this course include teamwork, leadership, strategic thinking, technical writing and speech making.



Spanish for Backpackers

SHORT COURSE

This beginner-level course focuses on developing essential skills in **listening, speaking, reading, and writing**. It follows a communicative and culture-based approach, allowing students to engage with real-world scenarios. We will also use the ArcGIS story maps software to plan out route around South America to discover the Spanish speaking world, a world that includes 20 countries and more that 12.000 km from California to Tierra del Fuego in Argentina.

Topics Covered:

- **Greetings and Self-Introduction:** Learn how to meet and greet someone, describe yourself, and discuss family, work, and daily life.
- **Daily Activities:** Explore vocabulary related to work, travel, and holidays.
- **Past Events and Celebrations:** Discuss past events, health-related issues, and Christmas traditions across Spanish-speaking countries.
- **Shopping and Food:** Discover essential phrases for shopping and food-related interactions.
- **Geography and Culture:** Virtually explore the picturesque landscapes of the Spanish-speaking world, including weather, landmarks, and tourist destinations.

This course sets the stage for further Spanish language learning and cultural exploration to discover a world of 450 million speakers and 21 countries!



Life Skills and Wellbeing

<u>Become a money expert</u>	<u>Duke of Edinburgh Award (Gold)</u>	<u>Leadership for Sixthformers</u>
<u>Chess for beginners and improvers</u>	<u>Extended Project Qualification EPQ</u>	<u>Scuba Diving</u>
<u>Community Volunteers</u>	<u>Guided Relaxation</u>	<u>You, but better!</u>



Become a money expert

SHORT COURSE

Do you want to become a money expert?

What do you really know about money and how it can and will affect you in the future?

This course aims to grow your knowledge and understanding of bank accounts, insurance, savings, student loans, mortgages, as well as build your understanding of financial literacy. It serves to help with those difficult decisions in life and make life more manageable.



Chess for beginners and improvers SHORT COURSE

Whether you're a complete beginner or seeking to break through a rating plateau, this course sets you on a rewarding chess journey! This course provides a solid foundation for beginners and improvers and is a way to develop your skills. Here are the key aspects covered:

- **Rules and Setup:** Learn how to set up the 8x8 chessboard, understand piece movements, and grasp the objective of the game.
- **Piece Movements:** Explore how each piece (king, queen, rook, bishop, knight, and pawn) moves. Understand capturing and the concept of checkmate.
- **Basic Tactics:** Discover essential tactics like forks, pins, and skewers. These strategies enhance your gameplay and help you gain an advantage.
- **Checkmate Patterns:** Practice common checkmating patterns. Recognize opportunities to deliver checkmate and win the game.



Community Volunteers

LONG COURSE

This activity is particularly suitable for those thinking of entering the caring professions such as **teaching, medicine or nursing**. It involves going out into the community to help in local hospitals, local care homes, nurseries and schools.

Placements typically involve spending a minimum of one hour and a half hours working and assisting with various tasks:

In schools you may be asked to help children with reading, sports, art, drama etc., or to help the teacher prepare materials for class use or clear up after a class.

In care homes you may be asked to talk with the old people or help to organise social activities. In a hospital you may be asked to work as a dining companion, assisting ward staff and patients during mealtimes.

Students will follow a short induction course with talks from caring professionals and will start their placements after October half-term with a weekly check-in back in college with a member of staff.



Duke of Edinburgh Award (Gold)

LONG COURSE

We have successfully run the Duke of Edinburgh Award at Esher College for the past 12 years. At College we offer the Gold Award which you can take even if you have not done Silver or Bronze.

The Award consists of 3 main sections Volunteering, Skill and Physical and students have to do an hour a week in each section over a period of time ranging from 6 to 18 months. These do not all have to be done at the same time so the award allows up to the age of 24 for completion. **You could complete some of these through other Extension Studies at college.**

You will be allocated to a group and from that group a sub-group that will form the team with which you complete the expedition. Previous expeditions include walking across the Brecon Beacons then canoeing on the River Wye.

Costs: £90 deposit (registration) plus approximately £950 training and expedition costs



Extended Project Qualification (EPQ) LONG COURSE

The Extended Project Qualification (EPQ) is an opportunity for you to carry out a research project in an area that interests you. The qualification is highly regarded by universities and completing the qualification will help you to develop and evidence your skills of planning, research, time management and self-reflection.

There are two ways to achieve an EPQ qualification:

- Write a 5,000 word report based on your research
- Create an artefact (e.g. a fashion piece, a film, a song) and a written report based on your research

With either option you must also document how your project develops in a logbook and give a presentation about your project.

If you are very keen to explore an area of interest in a subject further, or explore links between the subjects you study, then this is for you. You must have **high degree of self-motivation**, be **able to work independently** and be willing to **carry out extensive research**.



Guided Relaxation

SHORT COURSE

A new course for Esher!

Learn and practice mindful breathing and relaxation to calm the mind and reduce stress. You will feel energised to continue your day with an improved sense of wellbeing!



Leadership for sixth formers

LONG COURSE

In every session we enjoy exploring the “wicked” leadership questions like “Are influencers really leaders?” and “How can I be a leader?” using group work, creative tasks, discussions, mini tasks, stories, games, coaching, lots of laughter and fun and, especially, no homework or exams!

We believe great leaders are remembered for who they are, and how they make you feel? So now ask yourself these 3 questions:

1. How well do you understand the daily impact of your actions on those around you?
2. How well do you listen?
3. How well do you learn?

If you score yourself 100% you may already be a great leader! Isn't it time you stepped up to be the leader you were always meant to be?

Hasti Mozdi (past student) says “From being the quiet one in the corner I found myself leading projects and running feedback session. IT's given me the belief I can make a difference as I study Law at University, mentor in my community(Future Leaders UK) and work as the Law Research Officer.

“Candidates who can showcase leadership potential stand out in the eyes of employers.” (LinkedIn)



Scuba Diving

LONG COURSE

The PADI Open Water Certification will give you the knowledge and skills needed to keep you safe as you experience your first breaths underwater. It could lead to a lifestyle change, or just a lot of fun!

The course comprises:

- Theory, taught through weekly lessons in college as part of your timetable.
- Confined Water Training to develop skills in a safe swimming pool environment. This comprises 6 sessions on Wednesday evenings at New Malden Leisure Centre or Tolworth.
- Four Open Water Dives (after your 1st year progression exams) at Wraysbury Diving Centre where you will demonstrate your skills over 2 days in a real environment. Practical training is provided by 5* Aquanaut Dive School <http://www.aquanautscuba.co.uk/>

All scuba students **must complete a medical self-assessment questionnaire** when enrolling and commit to all planned sessions. You don't have to be a fantastic swimmer as long as you are confident in the water and not claustrophobic. If you need more information before committing, then please email nglennard@esher.ac.uk.

Costs: **£390** includes all tuition, kit hire and certification. This is £150 less than dive school costs for the same course!

Additional Costs – Entrance to Wraysbury Dive Centre (approx. £15 per day) and air fills (approx. £21) paid directly to WDC on the day.

The course continues to be extremely popular, we have certified over 400 students since we started the programme with a success rate of more than 90%. Success rate this year was 100%!

This course is frequently oversubscribed, so please do not select this unless you have discussed the costs and commitment with your parent/guardian otherwise you are likely to disappoint other students for whom the course is full.



You, but better!

SHORT COURSE

This course helps you develop yourself as a person. It will :

- encourage you to reflect on your habits, goals and life choices to gain a deeper understanding of what you want from life
- teach you understand and spot the (often subconscious) processes that drive our behaviour.
- teach you the skills you need to make meaningful and lasting change in your life by developing better habits, implementing better systems and making choices that align with your values.

To get the most out of this course, it requires curiosity, a willingness to explore new ideas and an openness to receiving feedback.

Cost: £5 to cover the cost of a journal



Maths, Science and IT

<u>Contemporary Geographical Issues</u>	<u>The Female Factor</u>	<u>PyGame</u>
<u>Crest Award in Chemistry</u>	<u>Maths Curiosity Shop</u>	<u>Robotics</u>
<u>Introduction to Forensic and Criminal Psychology</u>	<u>Psychology in Film</u>	<u>STEM Society for aspiring young women</u>



Contemporary Geographical Issues SHORT COURSE

Ever heard of the Kuril Islands or wondered what life is like in Jammu and Kashmir?

If you are interested in extending your knowledge and have a desire to find out more about geographical issues and unusual places, then this class could be just what you are looking for.

Each week you will investigate a part of the world or an issue and develop your skills of analysis and evaluation using a range of resources.



Crest Award in Chemistry

LONG COURSE

The Crest Award in Chemistry is an exciting opportunity for students to explore the world of chemistry beyond the classroom. It encourages hands-on experiments, creative thinking, and real-life problem solving.

By participating, students get to investigate interesting chemical concepts, develop practical skills, and earn a recognized award that celebrates their curiosity and achievements in science.

It's a great way to deepen your understanding and show your passion for chemistry! Crest awards are recognised by Universities and employers and can enhance your application particularly in STEM fields.



Introduction to Forensic and Criminal Psychology **SHORT COURSE**

This course is aimed at those students who might be interested in studying Psychology or Criminology at degree level. We explore the psychology of crime, delving into issues such as the problems in defining crime, where we look at the role of culture, age, context and circumstance. In addition, we consider approaches to offender profiling, as well as biological (e.g. genetics, biochemistry, brain physiology) and psychological (e.g. cognitive and psychodynamic) explanations for offending behaviour, and the psychology of the courtroom.

Finally, we contemplate ways of preventing crime and dealing with offenders (e.g. sentencing, rehabilitation). Throughout the course emphasis is placed on research studies that form the basis of this knowledge.



The Female Factor

SHORT COURSE

Did you know that most medical research has been done on male bodies—and then just applied to women? That means a lot of what we know about health doesn't fully reflect how female bodies actually work. But here's the truth: women's bodies are different, and they deserve their own spotlight.

In this short course, we'll explore how things like food, exercise, sleep, and mental health affect women differently. We'll also talk about the menstrual cycle, hormones, and the different types of contraception available. This course is all about learning how the female body works, clearing up common myths, and helping you feel confident and empowered when it comes to your health.



Maths Curiosity Shop

SHORT COURSE

Are you curious about numbers and other mathematical structures?
Did you know that every odd square number has a remainder 1 when divided by 4?

Find a space to be mathematically curious and to make friends with like minded peers through project and enquiry-based discovery.



Psychology in Film

SHORT COURSE

This course is for students who are interested in Psychology and in exploring themes such as attachment theory, memory and mental illness through the medium of film. Examples of films to be screened include Memento, Shutter Island and We Need To Talk About Kevin, as well as documentaries such as Bowling for Columbine.

This course may also be of interest to Film Studies students, as we will discuss the narrative structure of these films, as well as how the medium represents stereotypical assumptions about abnormality.



PyGame

SHORT COURSE

Learn how to programme two-dimensional games in Python using the PyGame library.

Suitable for anyone who can already code in Python and would like to learn how to make games.

AVAILABLE IN JANUARY 2026



Robotics

SHORT COURSE

Interested in building robots? Like programming?

We will be making robotic cars from Arduino kits and trying out things like line tracking, light tracking, voice control, racing, lighting systems.

No experience required.

THIS COURSE ONLY RUNS IN THE AUTUMN TERM



STEM Society for aspiring young women LONG COURSE

STEM society invites ambitious young women to engage in an enriching programme that explores the frontiers of science, technology, engineering and maths.

Whether your aspirations lie in academic research, industry innovation, or addressing global challenges, STEM society will nurture your curiosity and equip you to become a thoughtful and empowered contributor to the future of STEM.



Sports and Fitness

<u>Ball Sport Games</u>	<u>Men's Football</u>	<u>Pilates</u>	<u>Women's Netball Development</u>
<u>Cricket</u>	<u>Men's Football Development</u>	<u>Running Club</u>	<u>Women's Rugby</u>
<u>Esher GOALS 5-a-side</u>	<u>Men's Rugby</u>	<u>Women's Basketball</u>	<u>Workout</u>
<u>Men's and Women's Fitness</u>	<u>Men's Rugby Development</u>	<u>Women's Football</u>	
<u>Men's Basketball</u>	<u>Mixed Hockey</u>	<u>Women's Netball</u>	



Ball Sports Games

SHORT COURSE

- Did you enjoy PE games at school and enjoy being active as part of a team? Then, this is the course for you. You will take part in a variety of different ball games including, but not limited to Futsal, dodgeball, handball, rounders, boules, pétanque, etc.
- You will need to be in appropriate kit and enthusiastic about playing a variety of different games.



Cricket

LONG COURSE

The college has one mixed team which will compete in a number of competitions/matches predominantly in Spring and Summer terms of the college year. These will be both indoor (incrediball) and outdoor (hardball) and will either be through the AoC or individual matches against other colleges/schools.

The team will have one training session a week which will rotate around indoor nets (hardball); indoor skills/games sessions (incrediball) and outdoor skills/games sessions.

Although we would encourage as many people to join cricket as possible, some experience playing at either school or club level would be required.

Costs: Year one £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.



Esher GOALS 5-a-Side Football League **SHORT COURSE**

Esher Sixth Form College now has its own 5-a-side league! Gather your team and compete for glory in a fun, competitive environment. Whether you are a seasoned player or just looking to stay active, this league is the perfect chance to showcase your skills and enjoy the game.

All games will take place on the 3G Astroturf pitch. You will need suitable boots and appropriate kit in order to play



Men's and Women's fitness

SHORT COURSE

Our brand-new weekly circuits sessions give experienced and inexperienced students the opportunity to learn strength, conditioning and aerobic-fitness exercises in a well-equipped and safe environment. A combination of circuits, free-weights and plyometrics exercises in a group setting. Participants move through a series of different exercises, with short rest breaks between each exercise, and repeat the sequence. These sessions will improve strength and cardiovascular fitness by targeting various muscle groups.

You will need to be in appropriate kit each week and be prepared to sweat!

There is a men's fitness class **and** a women's fitness class.



Men's Basketball

LONG COURSE

The basketball squad competes in the Surrey Sixth Form Colleges league and also enters the Association of Colleges cup competition. The standard is high with many squad members playing at a high level for their club sides.

The team will have **one training session each week** and **play fixtures on a Wednesday afternoon**.

PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.

You will need to attend trials to be part of the Basketball team.



Men's Football

LONG COURSE

The College has four football squads. The first team play in the Tactic League and the others compete in the Surrey Sixth Form Colleges league as well as AoC and ESFA competitions. The standard within the squads is particularly high with many playing at a high level for their club sides.

The team will have **one training session each week** and **play fixtures on a Wednesday afternoon**.

PE A Level students who intend to be assessed in this sport are expected to trial but may not make the team. If this is the case, they must be playing for an external side.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.

You will need to attend trials to be part of a football team.



Men's Football Development

LONG COURSE

For players who do not make a squad, we have a development squad where you can train and enhance your range of skills and have the opportunity to apply these skills to a competitive situation. Players can also progress into the teams if they are committed and show promise.

To be a part of the development squad, you will need to attend trials.



Men's Rugby

LONG COURSE

The 1st XV competes in the Surrey Sixth Form Colleges league and also enters the Association of Colleges (AOC) cup competition and the national NatWest Schools Cup. There is also a regional 7's competition. The standard of play is high and many of the students involved play to a high standard for their club sides at the weekend.

The team will have one training session each week and play fixtures on a Wednesday afternoon. PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.

You will need to attend trials to be part of the rugby team.



Men's Rugby Development

LONG COURSE

For players who do not make the squad, and/or do not want to play competitively on Wednesdays, we have a development squad where you can train and enhance your range of skills and have the opportunity to apply these skills to a competitive situation. Players can also progress into the team if they are committed and show promise.

To be a part of the development squad, you will need to attend trials.



Mixed Hockey

LONG COURSE

The Colleges hockey team regularly against other schools and colleges on Wednesday afternoons in the Association of College's league. The team also compete in National cup competition for Men's, Women's and mixed teams. The standard is high with many squad members playing at a good level for their club sides.

The team will have one training session each week and play fixtures on a Wednesday afternoon. PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.

You will need to attend trials to be part of the hockey team.



Pilates

SHORT COURSE

Pilates is a method of exercise named after its creator, Joseph Pilates.

Unlike an aerobic or high impact class, we give time to really emphasise good postural alignment, core strength and better breath control. It's a floor-based workout, on the mat, and will help you to improve your flexibility, strength, and give you greater body awareness.



Running Club

LONG COURSE

Whether you're a beginner just starting out or a seasoned runner looking to compete, our programme has something for everyone.

Our running community provides a supportive environment where you can develop your skills, improve your fitness, and enhance your overall wellbeing.

Training sessions cater to all levels, ensuring you get the guidance and motivation you need to reach your goals.

For those interested in competition, we have numerous opportunities to represent Esher College in local and regional Cross Country races. Our team is proud to support runners of all abilities, celebrating personal achievements and team successes alike.



Women's Basketball

LONG COURSE

We run a women's basketball squad who train once per week to develop essential skills, fitness and tactical awareness of the game.

We are keen to take on players of all ability levels and welcome those who want to try basketball for the first time.

There are some friendly fixtures throughout the year and also the Association of Colleges regional tournament that we enter. Players are also eligible to play alongside the men in a mixed team.

PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.



Women's Football

LONG COURSE

We run one Women's Football Team who compete in the Surrey Sixth Form Colleges league and also enter the ESFA and AoC national cup competitions. The standard of play is high, and most players also represent teams outside of college.

The team will have one training session each week and play fixtures on a Wednesday afternoon.

PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.

You will need to attend trials to be part of the football team.



Women's Netball

LONG COURSE

There are three netball squads who compete in the Surrey Sixth Form Colleges league and also enter the AoC national cup competition. The standard of play is very high and many of the players compete to a high standard outside of college.

The team will have one training session each week and play fixtures on a Wednesday afternoon.

PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.

You will need to attend trials to be part of the netball team.



Women's Netball Development LONG COURSE

We run a Girls Netball Development Squad, which involves weekly training sessions but no requirement to play in Wednesday fixtures. You will develop a range of skills and have the opportunity to apply these skills to a competitive situation.

We are keen to take on players of all ability levels and welcome those who want to try netball for the first time!

To be a part of the development squad, you will need to attend trials.



Women's Rugby

LONG COURSE

The 1st XV competes in the Surrey Sixth Form Colleges league and also enters the Association of Colleges (AOC) cup competition. There is also a regional 7's competition. The team will have one training session each week and play fixtures on a Wednesday afternoon.

PE A Level students who intend to be assessed in this sport are expected to join the team.

Costs: Year one £85 Year two £45. All students in the squads for sports teams must pay a sports affiliation fee towards the costs of coach transport, match kit, match officials, and competition entries. You will also receive a warmup jacket.



Workout

SHORT COURSE

Workout is a designated session for students who wish to use the college's fitness suite to improve body conditioning and general health and fitness.

A qualified fitness instructor will help you with the design your programme and support you in the achievement of your goals.

There will be one session per week.



Creative Arts

<u>Animalation</u>	<u>Exploring Drawing</u>	<u>Introduction to Photography Darkroom</u>	<u>Mixed media/print-making workshop</u>	<u>Theatre Workshop</u>
<u>College Band</u>	<u>Film Club</u>	<u>Grade 5 Music Theory</u>	<u>Music Technology Logic for Beginners</u>	<u>Zinemaking</u>
<u>College Production</u>	<u>Great Esher Sewing Bee</u>	<u>Jazz Band</u>	<u>Photography- a flexible skill</u>	
<u>College Production Pit Band</u>	<u>Illustration Workshop</u>	<u>Little Pottery Throwdown</u>	<u>Rambert Dance Grade 6</u>	



Animalation

SHORT COURSE

Create 3D animals in felt and animate them!

Learn how to design and sew your own felt animal/creature.

You'll start by creating a phone cosy and felt pin embellishments to learn the basics. Then you'll progress onto a felt animal or creature, which may be as simplistic or as intricate as you would like. Learn basic sewing techniques, a variety of stitches, how to follow or create your own pattern, and how to create embellishments to enhance your animal.

This course will teach you to visualise and assemble a 3D outcome, alongside helping you to develop fine motor skills, plan and carry out a project, and perform detailed precision work.

If you are interested we can even discuss the possibility of creating a wire armature to fit inside your felt creature which could then be used to stop animate a short sequence using an app on your phone.

These sessions will enable you to create an outcome which could form part of your coursework submission for any creative A Levels you are studying, and could also be added to your portfolio work if you wish to apply for an art foundation course or an art degree.

Suitable for any student studying on any creative course, but it is also open to any creative student who is keen to do something relaxing and mindful. No sewing experience necessary - just bring your imagination and get ready to style, shape, and stitch!

Cost: £15 charge to cover materials.



College Band

LONG COURSE

Great for any student wishing to be in a Popular Music or Rock band. This is a great opportunity to work within a group of likeminded musicians in order to improve your technique and have fun!

Highly suitable for those students looking to study a music related degree at university. Ability to play guitar, bass, drums, keyboard, or sing required.

Performances occur throughout the year at Open Mic, Canteen Gigs, Events and Open Evening. Opportunities to perform with the wider community are also available.



College Production

SHORT COURSE

The College Production is a production of a play which can include ensemble work, dance and music. This course offers the opportunity to creatively collaborate with other students, gain experience in performing and develop skills such as teamwork and communication. In addition to the 2 periods timetabled on Wednesday afternoons, there are some additional rehearsals, which take place outside of college hours. We pride ourselves on a high standard of production and therefore expect 100% attendance and commitment.

Our productions usually perform over 3 evenings to an invited audience. In previous productions, many students have been involved on stage, backstage or in creating the costumes and set. Any student can audition to become part of the company as an actor, dancer or singer.

If you are interested in College Production you must attend the Audition Workshop on Thursday 28 August at 2pm in the Drama Studio. There is no preparation required - you will be asked to work in groups and perform some scripted extracts. We use this to manage numbers and help select which course would be better suited to you. We will then be able to confirm if you have a place in the College Production or the Theatre Workshop.



College Production Pit Band LONG COURSE

A collaborative opportunity to create music to support the college production play.

The themes of the play are decided in advance. Rehearsals take the form of devising sessions which can use improvisation.

Ability to sing or play an instrument required and ideally read music. Please note you could be on stage for some of the performance.



Exploring Drawing

SHORT COURSE

This complementary study will allow you to explore and experiment with a range of different drawing techniques. You will create a collection of drawings using a range of media and approaches. It will enable you to develop your drawing skills through practising with a variety of traditional and contemporary media and subject matter.

The course is suitable for all levels from those who have little experience of drawing through to those who are possibly studying a creative subject as part of their programme of study. You will create a sketchbook of portrait drawings which will be a fantastic addition to your portfolio and a valuable addition to your application if you are intending to study on an Art Foundation or Degree course in the future.

Cost: £10 to cover materials.



Film Club

SHORT COURSE

Step into the world of cinema with Film Club – an extension study for students who love stories, visuals, and big ideas. Each session, we'll watch a carefully chosen film that stands out for its creativity, visual style, or powerful storytelling.

After the screening, we'll open up space for discussion where you can explore the film's meaning, technical choices (like lighting, cinematography, editing), character development, and emotional impact. Whether you're into directing, photography, writing, or just enjoy a good film, this club will challenge the way you see and interpret moving images.

AVAILABLE IN JANUARY 2026



Great Esher Sewing Bee

SHORT COURSE

Do you wish you could sew? Then come and learn!

You will be designing and creating a personalised cushion, which will build your confidence with the sewing machines and great for a personal handmade Christmas gift. You will then move on to a pair of shortie PJ bottoms.

Once you have gained confidence with the sewing machine, you can then start to upcycle or recycle your own clothes.

No prior sewing skills are necessary. We will start you from the beginning. Equally, if you already have sewing skills, you can learn more advanced skills and more complicated processes and techniques.

This course will help you to develop a variety of skills which include:

- Individual artistic skills
- Communication and teamwork
- Practical and creative skills
- Analytical and research skills



Illustration Workshop

SHORT COURSE

This workshop will help to broaden your understanding of illustration using traditional printing techniques, drawing, painting and collage.

You will gain experience using specialist techniques, tools and materials within a fun and engaging environment.

This course would suit any student who will be studying on any creative course as it will supplement the portfolio and improve understanding of methods, printing and composition/layout skills.

It is also open to any student who would like to develop a new skill and learn more about this artistic pathway. No previous experience necessary!



Introduction to Photography Darkroom SHORT COURSE

The darkroom sessions will aim to enhance student understanding of earlier photographic development processes and give an exciting introduction to the darkroom environment.

This course is suited to those students who have experience in photography and working an SLR camera. This would be an ideal choice for students thinking about continuing photography after Esher and those that would like to experience a hands-on process week by week.

You will be able to expand on previous photographic knowledge and gain additional skills and get creative with alternative camera-free processes such as photograms and cyanotypes. The use of black and white 35mm film will also be included allowing students to process their own and develop photographs in a traditional manner.

Cost: £15 covers film, photographic paper, and chemicals.



Grade 5 Music Theory

LONG COURSE

- A course in reading and writing music aimed at singers and instrumentalists who need to take the Grade 5 music theory exam in order to progress to a Grade 6 practical exam.
- Course requirement for Music A level students.
- Opportunity to take the exam using one of the music department practice rooms.
- Weekly lessons cover music clefs, notating rhythms, chords and cadences, ornamentation and musical terminology.



Jazz Band

LONG COURSE

A workshop style rehearsal slot each week for you to learn to play Jazz in a fun and practical environment. It will include improvisation practice and development of skills for all players.

You need to be able to read music and have an ability to play from memory/by ear is also an asset.

Performances take place each half term at regular performance events such as Open Mic, Concerts and Recitals, Introduction Evening, Open Evening and Performance Tour.

Regular attendance is important for the ensemble to blend and develop. All participants must come ready and prepared to play each week.



Little Pottery Throw Down

SHORT COURSE

Learn about the properties of clay, and how to work with it. You'll be taught hand-building techniques, sculpting, modelling, and creating detailed and textured surfaces.

You'll create pinch pots, sculptures, and tiles, and learn coil building and slap construction. You will also have plenty of opportunity to create works of your own choosing, once you've developed your skills.

This course will teach you to visualise and create a 3D outcome. Alongside helping you to develop fine motor skills, plan and carry out a project, and create detailed work.

These sessions will enable you to create outcomes which could form part of your coursework submission for any creative A Levels you are studying and could also be added to your portfolio work if you wish to apply for an art foundation course or an art degree.

This course would suit any student who will be studying on any creative course, but it is also open to any student who enjoys art. No experience necessary - just bring your imagination and get ready to sculpt and shape your own unique clay masterpieces!

Cost: £15 charge to cover materials.



Mixed media/Printmaking workshop **SHORT COURSE**

Mixed media is a work of art that uses more than one medium. Students will have the opportunity to explore a wide range of printing techniques whilst using mixed media. Students will learn to experiment and express themselves; by utilising techniques with print making and mixed media, this allows them to have creative freedom and explore limitless possibilities. Mixed media encourages students to combine various materials—such as paints/spray paint, pastels, inks, collage elements, and found objects—into a single artwork, fostering creativity and problem-solving skills. In this workshop, students will be exploring texture, colour, and composition in diverse and unexpected ways.

There is a £15 charge to cover the cost of materials.



Music Technology: Logic for Beginners LONG COURSE

This is a course for any Music Technology students and musicians who want to learn a more detailed approach to using the Digital Audio Workstation Logic X which we run in the college's Music Department Mac Suite, M006.



Photography -a flexible skill

SHORT COURSE

Photography surrounds us and is now more a part of everyone's life than it ever was before. So why not learn how to create beautiful images and be a better image maker?

We cover the fundamental basics of exposure and composition in the first term, lots of practical shooting with digital SLR cameras in groups and a chance to meet new friends. You will start to look at postproduction, using Photoshop and learning tricks of the photographic trade! By the end of the course, you will have a good understanding of digital cameras, Photoshop, and you will have created your own photographic portfolio. You do not need any of your own kit or experience – just a passion for photography!

This course is not suitable for those studying A Level Photography.



Rambert Dance Grade 6

LONG COURSE

Rambert Grades is a new contemporary dance course which has been developed by the world's leading contemporary dance organisations, Rambert School and Rambert Dance Company.

At Esher College we are offering Level 3 Grade 6 with the option to be examined and achieve UCAS points. The grading system is fresh and unique, in that students are assessed over three areas - technical, creative, and performance. Students should have some dance background (although this could be in a different dance style e.g. ballet).

Rambert Grades is committed to being accessible and inclusive.



Theatre Workshop

LONG COURSE

Theatre Workshop is focused on acting and developing performance skills and usually ends with a performance of extracts or a short play to an invited audience. There is the opportunity to explore different genres and styles of theatre through practical workshops.

You will work creatively together with the support of second year student directors. In the lead up to a performance, some additional rehearsals outside of the 2 periods timetabled will be scheduled to ensure a high standard of production and we expect students to be committed.

If you are interested, you must attend the Audition Workshop on Thursday 28 August at 2pm in the Drama Studio.

There is no preparation required - you will be asked to work in groups and perform some scripted extracts. We use this to manage numbers and help select which course would be better suited to you. We will then be able to confirm if you have a place in the College Production or the Theatre Workshop.



Zinemaking

SHORT COURSE

A Zine is a self-published magazine that can be about any topic, from personal stories and poetry to activism and fan art. Zines are part of a subculture of independent media that challenges mainstream narratives and values, having a long history of being used by marginalised groups to create their own spaces and communities. They are also fun and creative, allowing you to experiment with different formats, styles, and materials. The Beginner's Zinemaking Extension Studies course is perfect for creative students who have great ideas and enjoy sharing them. You will discover different types of zines, styles, and techniques, create your own original content, use various tools and software for your zine design and layout, and learn how to print and bind your zines in a way that suits your work best. This will help you to express your creativity and communicate your ideas, whether you are making zines for fun, for activism, or for your own personal brand.

AVAILABLE IN JANUARY 2026

