

BTEC Sport

*Subsidiary Diploma OR Diploma
(Development, Coaching and Fitness)*

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Exam Board: Edexcel



What is this subject about?

This is a stimulating and challenging vocational course for students wishing to progress to higher education or pursue a career in sport and recreation. This is a two year course, the Subsidiary Diploma is equivalent to one full A-Level and the Diploma is equivalent to two full A-Levels.

What will you study?

This course is designed to develop both knowledge and practical skills in the broad field of sports, coaching and fitness. Examples of the units studied for the Subsidiary Diploma over the two years include: Fitness Training and Programming, Assessing Risk in Sport, Principles of Anatomy and Physiology in Sport and Sport's Coaching. Students opting to take the full Diploma will study units such as Sports Nutrition, Psychology for Sport Performance and Leadership in Sport in addition to those units studied for the Subsidiary Diploma. Learning is largely theory based, linking the teaching and study to current and relevant practical sporting settings. Students will acquire knowledge and skills through teacher delivered lessons and tutorials, practical lessons, individual and group research projects, visiting speakers, and personal experience.

How is the course assessed?

The assessment is based on 100% coursework, consisting of written assignments, presentations and practical assessments.

What are the formal entry requirements for this course?

Practical sporting ability is required and you should have five GCSEs at grade C or above including PE and/or Science.

What skills will I need and develop in this course?

Students feel that this course provides them with a wealth of skills for life and builds the confidence needed to pursue employment or higher education. You will be encouraged to develop a range of skills including research, presentations, portfolio building, time management and various practical skills.

Subject combination advice:

It is recommended that BTEC sport is not done in combination with A Level PE as there is a close link between the units covered in the A level Physical Education specification; this is particularly relevant in the case of students who opt for the full diploma.

What can the course lead to in terms of higher education and future careers?

Many students progress to study sport related degrees at university including Sports Science, Sports Studies and Sports Coaching. Equally students may choose to go straight onto employment within the broad spectrum of sport related jobs.

What extra support / enrichment activities are on offer?

The department runs a wide range of visits directly related to the core content of the units studied. These will include local leisure facilities such as St Mary's University Twickenham, Amida Health Club, Chelsea FC, Twickenham Rugby Stadium, High Ashurst Outdoor Education Centre amongst others. Students may also complete the Community Sports Leaders Award, aswell as other NGB qualifications which includes a nationally recognised first aid qualification.



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